Dr. Michael A. Castillo, MD

Dr. Castillo is a physician specializing in neuropathic and microvascular pain syndromes. He is a graduate of the University of New Mexico School of Medicine, completed an internship with Phoenix Integrated Surgical Residency and completed his anesthesia residency through the University of Arizona School of Medicine. Dr. Castillo is considered a leading expert in spinal cord stimulation and intrathecal catheter medication management for chronic pain syndromes. He has practiced medicine in Phoenix for twenty years. Dr. Castillo shares his expertise in pain management through teaching, speaking engagements, and contributing to medical journals.

Committed to providing the highest standard of medical care, Dr. Castillo listens to his patients, performs physical exams, and reviews tests & radiology findings. Believing patients need to understand their health problems before they can make decisions on their health. He creates individualized and comprehensive treatment programs for each patient. Patients are recommended a healthy diet and lifestyle plan to improve overall health.

Michael A. Castillo, MD

Office Hours:
Appointments Available: Monday thru Thursday from 7am to 4pm
Calls Received Monday thru Friday 8am to 4:30pm

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Return Function
Restore Life
Reduce Pain
Leaders in pain management, and patient care, Dr. Castillo and his staff are committed to providing you with the highest standard of medical care. Dr. Castillo creates a comprehensive and individualized treatment program for each patient; treating the patient as a whole. Treatments are modified according to the progress of each patient to help them fully recover and reach their health goals.

Do you have the following pain symptoms?
- Difficulty walking; leg muscle cramps?
- Difficulty carrying items, opening and turning objects, and dropping things?
- Lessening or absence of sensation?
- Numbness, tingling, and pain in arms & legs?

Alternative Treatments
Part of what sets Dr. Castillo apart from other pain management physicians, is the range of treatment options he provides. Dr. Castillo provides many nonsurgical, and less invasive procedures to help treat pain conditions.

Nonsurgical Solutions for:
- Sports Injuries • Back & Neck Pain • Herniated Discs
- Joint Pain • Arthritis • Nerve Injuries • Work Injuries
- Carpal Tunnel Syndrome • Chronic Pain • Muscle & Ligament Sprains & Strains

Platelet Rich Plasma Therapy
Platelet Rich Plasma (PRP) therapy is a safe, effective and all natural way to heal damaged joints and soft tissue in order to alleviate chronic pain. PRP consists of a small sample of your own blood, spun in a centrifuge to concentrate the platelets and then injected into the injured area.

PRP has been used for over 20 years in numerous surgical fields to enhance bone grafting, accelerate wound healing and reduce the risk of infection after surgery. Medical research and intensive studies are leading the way to the tremendous benefits offered by PRP for joint pain, soft tissue injuries, low back disc degeneration, and arthritis, with the goal of enhancing the body’s ability to naturally heal itself.

How PRP Therapy Can Help
When tissue injury occurs, platelets collect at the site and begin to repair it. By concentrating these platelets and administering them straight into the injury site, we can deliver a powerful mixture of growth factors exactly where you need it, dramatically enhancing your body’s natural healing process. This treatment may lead to a more rapid, more efficient, and more thorough restoration of the tissue to a healthy state.